

F. No. 12-02/22-DC (Pt-01)
Government of India
Directorate General of Health Services
Central Drugs Standard Control Organization
(New Drugs Division)

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FDA Bhawan, Kotla Road,
New Delhi-110002
Dated:

18 FEB 2022

To
CSIR-Central Drug Research Institute (CDRI),
Sector 10, Jankipuram Extension,
Sitapur Road, Lucknow 226031, Uttar Pradesh.

Subject: Permission for conducting clinical study entitled "A Phase III, multicentre, randomized, double-blind, placebo-controlled, interventional study on efficacy and safety of Standardized fraction of Picrorhiza kurroa Royal Ex Benth (Picroliv®) for 24 weeks in the Management of Non-Alcoholic Fatty Liver (NAFL) and / or Hepatic Steatosis" (Protocol no: CDRI-ICMR-6/2021, Protocol version: Number: 2.5 dated 7th December 2021)-regarding.

Sir,

With reference to your application, please find enclosed herewith the permission in **Form CT-06, No. CT/ND/05/2022** to conduct the subject mentioned clinical trial under the provisions of **New Drugs and Clinical Trial Rules, 2019.**

This permission is subject to the conditions, as mentioned below.

Yours faithfully



(Dr. V. G. Somani)
Central Licensing Authority

Condition of permission

- (i) Clinical trial at each site shall be initiated after approval of the clinical trial protocol and other related documents by the Ethics Committee of that site, registered with the Central Licensing Authority under Rule 8;
- (ii) Where a clinical trial site does not have its own Ethics Committee, clinical trial at that site may be initiated after obtaining approval of the protocol from the Ethics Committee of another trial site; or an independent Ethics Committee for clinical trial constituted in accordance with the provisions of Rule 7:

Provided that the approving Ethics Committee for clinical trial shall in such case be responsible for the study at the trial site or the centre, as the case may be:

Provided further that the approving Ethics Committee and the clinical trial site or the bioavailability and bioequivalence centre, as the case may be, shall be located within the same city or within a radius of 50 kms of the clinical trial site;

- (iii) In case an ethics committee of a clinical trial site rejects the approval of the protocol, the details of the same shall be submitted to the Central Licensing Authority prior to seeking approval of another Ethics Committee for the protocol for conduct of the clinical trial at the same site;
- (iv) The Central Licencing Authority shall be informed about the approval granted by the Ethics Committee within a period of fifteen working days of the grant of such approval;
- (v) Clinical trial shall be registered with the Clinical Trial Registry of India maintained by the Indian Council of Medical Research before enrolling the first subject for the trial;
- (vi) Clinical trial shall be conducted in accordance with the approved clinical trial protocol and other related documents and as per requirements of Good Clinical Practices Guidelines and the provisions of these rules;
- (vii) Status of enrolment of the trial subjects shall be submitted to the Central Licencing Authority on quarterly basis or as appropriate as per the duration of treatment in accordance with the approved clinical trial protocol, whichever is earlier;
- (viii) Six monthly status report of each clinical trial, as to whether it is ongoing, completed or terminated, shall be submitted to the Central Licencing Authority;
- (ix) In case of termination of any clinical trial the detailed reasons for such termination shall be communicated to the Central Licencing Authority within thirty working days of such termination;
- (x) Any report of serious adverse event occurring during clinical trial to a subject of clinical trial, shall, after due analysis, be forwarded to the Central Licencing Authority, the chairperson of the Ethics Committee and the institute where the trial has been conducted within fourteen days of its occurrence as per Table 5 of the Third Schedule and in compliance with the procedures as specified in Chapter VI of the New Drugs and Clinical Trials Rules, 2019;
- (xi) In case of injury during clinical trial to the subject of such trial, complete medical management and compensation shall be provided in accordance with the Chapter VI of the said Rules and details of compensation provided in such cases shall be intimated to the Central Licencing Authority within thirty working days of the receipt of order issued by Central Licencing Authority in accordance with the provisions of the said Chapter;
- (xii) In case of clinical trial related death or permanent disability of any subject of such trial during the trial, compensation shall be provided in accordance with the Chapter VI and details of compensation provided in such cases shall be intimated to the Central Licencing Authority within thirty working days of receipt of the order issued by the Central Licencing Authority in accordance with the provisions of the said Chapter;

- (xiii) The premises of the sponsor including his representatives and clinical trial sites, shall be open for inspection by officers of the Central Licencing Authority who may be accompanied by officers of the State Licencing Authority or outside experts as authorised by the Central Licencing Authority, to verify compliance of the requirements of these rules and Good Clinical Practices Guidelines, to inspect, search and seize any record, result, document, investigational product, related to clinical trial and furnish reply to query raised by the said officer in relation to clinical trial;
- (xiv) Where the New Drug or Investigational New Drug is found to be useful in clinical development, the sponsor shall submit an application to the Central Licencing Authority for permission to import or manufacture for sale or for distribution of new drug in India, in accordance with Chapter X of these rules, unless otherwise justified;
- (xv) The Laboratory owned by any person or a company or any other legal entity and utilised by that person to whom permission for clinical trial has been granted used for research and development, shall be deemed to be registered with the Central Licencing Authority and may be used for test or analysis of any drug for and on behalf of Central Licencing Authority;
- (xvi) The Central Licencing Authority may, if considered necessary, impose any other condition in writing with justification, in respect of specific clinical trials, regarding the objective, design, subject population, subject eligibility, assessment, conduct and treatment of such specific clinical trial;
- (xvii) The sponsor and the investigator shall maintain the data integrity of the data generated during clinical trial.
- (xviii) Informed Consent Documents (ICD) viz. Patient Information Sheet (PIS) and Informed Consent Form (ICF) complete in all respect & must be got approved from the respective Ethics committee and submitted to CDSCO before enrolling first subject at the respective site.
- (xix) The informed Consent Document including ICF and Patient Information Sheet should clearly mention in understandable language about the details of the drug therapy that the patient may or may not receive.
- (xx) It may kindly be noted that merely granting permission to conduct Clinical Trial study with drug doesn't convey or imply that based Clinical Trial data generated with the drug, permission to market this drug will automatically be granted to you.
- (xxi) **The study to be conducted only in Non-alcoholic fatty liver disease (NAFLD) patients in 2:1 ratio (test arm & placebo arm). Accordingly, the tittle, inclusion and exclusion criteria etc., of the study should be revised.**
- (xxii) **At every three months, investigation for TSH, T3 and T4, HbA1C s should be performed.**
- (xxiii) **Hepatotoxic drugs should be excluded.**
- (xxiv) **Sample size should be recalculated considering the power of the study at 90% confidence Interval.**
- (xxv) **Accordingly, revised protocol should be submitted to CDSCO before initiation of the study.**

FORM CT-06

(See rules 22, 25, 26, 29 and 30)

**PERMISSION TO CONDUCT CLINICAL TRIAL OF NEW DRUG OR INVESTIGATIONAL
NEW DRUG**

The Central Licensing Authority hereby **CSIR-Central Drug Research Institute (CDRI), Sector 10, Jankipuram Extension, Sitapur Road, Lucknow 226031, Uttar Pradesh** to conduct clinical trial of the investigational new drug as per **Protocol no: CDRI-ICMR-6/2021, Protocol version: Number: 2.5 dated 7th December 2021** in the below mentioned clinical trials sites.

2. Details of new drug or investigational new drug and clinical trial site:-

Names of the new drug or investigational new drug:		Picroliv: Standardized fraction of Picrorhizakurroa
Therapeutic class:		K76: Liver diseases, fatty liver
Dosage form:		Capsules
Composition:		Each Capsule contains 100 mg of Picroliv: Standardized fraction of Picrorhizakurroa and excipients q.s.
Indications:		Hepatoprotective, Non-Alcoholic Fatty Liver
Details of clinical trial sites-		
Sr. No.	Name of Principal Investigator & Trial Sites	Ethics Committee Name/ Registration Number
01	Prof. Shiv Kumar Sarin, Director & Sr. Professor, Hepatology, Institute of Liver and Biliary Sciences (ILBS), D-1, trial site Vasant Kunj, New Delhi, Pin code: 110070, Phone no. 011-46300000 Email: shivsarin@gmail.com	Institutional ethics Committee, Institute of Liver and Biliary Sciences (ILBS), New Delhi. Registration Number: ECR/67/Inst/DL/2013/RR-16
02	Dr Shalimar, Additional Professor, Department of Gastroenterology, All India Institute of Medical Sciences (AIIMS), Ansari Nagar, New Delhi 110029. Phone 011-26588500. Email: drshalimar@yahoo.com.	Institutional ethics Committee, All India Institute of Medical Sciences (AIIMS), New Delhi. Registration Number: ECR/538/Inst/DL/2014

03	Dr. Ajay Kumar Duseja, Professor, Dept of Hepatology, PGIMER, Chandigarh., Post-Graduate Institute of Medical Education and Research, (PGIMER), Sector-12, Chandigarh, Pin-160012.	Institutional ethics Committee, Post-Graduate Institute of Medical Education and Research, (PGIMER), Chandigarh. Registration Number: ECR/25/Inst/CH/2013/RR-16
04	Dr. Akash Shukla, Professor and Head, Gastroenterology, GSMC and KEM Hospital, Parel, Mumbai 400012, India	Institutional ethics Committee, Seth GordhandasSunderdas Medical College (GSMC) and King Edward VII Memorial Hospital (KEMH), Parel Mumbai. Registration Number: ECR/229/Inst/MH/2013/RR-19
05	Dr. Satyendra Kumar Sonkar, Professor. Dept. of Medicine 5.King's George Medical College (K GMC), Shah Mina Rd, Chowk, Lucknow, Uttar Pradesh 226003. Phone: 0522-2258880. Email: satyendra.sonkar@gmail.com	Institutional ethics Committee, Research cell Administrative block, King George's Medical University, Registration Number: ECR/262/Inst/UP/2013/RR-19
06	Dr.SukanyaBhrugumalla M.D., D.N.B. (Gastroenterology). Associate Professor, Nizam's Institute of Medical Sciences (NIMS), Hyderabad	Institutional ethics Committee, Nizam's Institute of Medical Sciences (NIMS), Hyderabad. Registration Number: ECR/303/Inst/AP/2013/RR-16

3. This permission is subject to the conditions prescribed in part A of Chapter V of the New Drugs and Clinical Trials Rules, 2019 under the Drugs and Cosmetics Act, 1940.

New Delhi

Date:

18 FEB 2022


 (Dr. V. G. Somani)
 Central Licensing Authority
 Stamp

Dr. V. G. SOMANI
 Drugs Controller General (India)
 Dte. General of Health Services
 Ministry of Health and Family Welfare
 FDA Bhawan, Kotla Road, I.T.O.
 New Delhi-110002